



TAHINI GINGERBREAD COOKIES

INGREDIENTS

• $\frac{1}{2}$ cup almond meal

DIRECTIONS

1. Preheat oven to 180°C and line 2 baking trays. 2. In a saucepan add tahini, nut butter and brown rice

• 1 1/3 cup (125g) organic rolled oats, blended

into a flour*

- 1 tsp baking powder
- 2 tsp organic ginger powder
- 1 tsp organic cinnamon powder
- 1 tsp organic vanilla powder
- ¼ tsp organic ground cloves
- ¹⁄₄ tsp organic cardamom powder
- 1/3 cup organic brown rice syrup
- 80g hulled tahini
- 2 tbsp nut butter (natural peanut or almond

butter)

• 2 tbsp water

- syrup. Over a low heat stir and add water, 1 tbsp at a time, so the mixture is not too thick.
- 3. Combine the almond meal, oat flour, baking powder and spices in a large bowl. Add the tahini mixture from the saucepan to the dry mix and fold through until it comes together into a large ball. You may need to bring the mix together with your hands so that it forms a dough.
- 4. Roll the dough out with a rolling pin in between 2 large sheets of baking paper, until it is approximately 4mm in thickness.
- 5. Using a biscuit cutter, cut out shapes and place onto prepared baking trays. Roll the offcuts into a ball and roll out again with a rolling pin to 4mm thickness to make more biscuits.
- 6. Bake in oven for 8 minutes. Remove from oven and allow to cool on the baking tray.
- 7. Chocolate decorations: Place coconut oil and brown rice syrup in a heat proof bowl over a pot of simmering water.
- 8. Melt down the coconut oil, whisking frequently to combine with the syrup. Sift cacao powder over the mixture and stir until all ingredients are well combined. Remove from heat.

- CHOCOLATE FOR DECORATING:
- 1/3 cup organic coconut oil, melted
- 1/3 cup organic brown rice syrup
- 1/3 cup organic cacao powder
- *For a gluten-free option, use rolled quinoa in

place of rolled oats

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Experience

Want more? experience.avidarv.com.au/experiences/recipes 9. Cut the small tip off a ziplock bag and fill with the chocolate mixture. Pipe the chocolate onto the cooled biscuits and leave to set on top.
10. Enjoy the yummy goodness!

Elise Mckillop

MAKES: 16 COOKIES

CREDIT: https://www.goodness.com.au/