



# Campfire Cooking

## FLAKE-BAKED BANANAS

### INGREDIENTS

- 4 bananas
- 4 x 30g Cadbury Flake Chocolates

### DIRECTIONS

1. Leaving the skins on the bananas, cut a deep slit down the length of each banana and press a Flake into each.
2. Wrap individually in foil.
3. Bake in a pre-heated 180C oven for 20-25 minutes until the bananas are tender.
4. Serve warm.

**NOTES:** Serve with chocolate sauce, cream or ice cream and sprinkle with a topping of your choice.

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**EQUIPMENT:** 1 knife, 1 foil

**SERVES:** 4

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