

FIG AND PEAR COMPOTE WITH MARMALADE AND STAR ANISE

INGREDIENTS

- 250 ml (1 cup) white wine
- 2 star anise
- 6 cardamom pods
- 2 tbsp seville marmalade or orange marmalade
- 18 whole dried apricots
- 6 dried pear halves
- 6 whole dried figs
- 100 g dried muscatels (see Note),
 golden raisins (see Note) or sultanas
- 6 prunes, seeded
- Lightly whipped cream, to serve

DIRECTIONS

- 1. Place wine, star anise, cardamom and 250ml water in a saucepan over medium—high heat. Bring to the boil, then remove from heat and stand for 30 minutes for flavours to infuse.
- 2. Return pan to medium—high heat and bring to the boil. Stir in marmalade and fruit and cook for 2 minutes or until fruit is rehydrated (dried fruit varies in moisture content; add more water if necessary). Remove from heat and set aside until cool; by then the fruit will be softened and the syrup thickened.
- 3. Divide among bowls and serve with cream.

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SERVES: 6

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